Regional Safety Services has contracted with several companies to provide expanded services through CoSER 698.110.

**Advantage Emergency Devices**
AED service and inspections. CPR/AED Training.

**AF Investigations**
Private investigative services.

**Anonymous Alerts**
Patented anti-bullying and safety-reporting app.

**Corporate Screening and Investigative Services Group**
Private investigative Services.

**CPRed**
American Heart Association provider of

Reminder: All administrators with the responsibility for their building emergency response plans should have made updates and should be using the 2015 template from NYS. Plans were to have been approved by the board of education by September 1 (this is an annual requirement).

- A portion of one of the first professional development days should have been dedicated to safety training of ALL STAFF. The NYS mandate requires that training be completed by **September 15th** and within 30 days after the hiring of any additional new employees.
- While ALL staff needs to be trained, additional time should be spent with new hires to review these procedures: New Teacher Training Checklist
- Monthly safety team meetings AND quarterly health and safety committee meetings should be held.
- The NYSED portal is open for the Emergency Response Plan upload. Please remember that you still need to update your hard copy ERP Template (2015...
CPR training.

Facilities Inspection Services
Fire inspections, preliminary fire inspections, fire safety.

Foley Security Consulting
Security guard training and certification, educational safety consultations and private investigations.

Fred Lane
Speaker and expert on the impact of emerging technologies on society, with an emphasis on privacy and cyber traps.

Hang Up and Drive
Powerful program about the dangers of distracted driving.

Louis Berger US, Inc.
Industrial hygiene / IAQ / environmental testing services.

Miller Environmental Group
Environmental and chemical management services.

OmniWeather
Severe weather alerts; either annually or winter storm season.

Playground Medic
Inspections and audits on your playground surfaces, equipment and design.

Rapid Responder
All hazard emergency preparedness and crisis management system.

Turn-Key Environmental

Six Minutes for Safety
- A message from our Regional Safety Coordinator, Frank Guglieri

Most of us have learned about "Maslow's Hierarchy of Needs", where safety is second, at the base of Maslow's pyramid, after physiological needs. To that end and in our current climate, we recommend that at the beginning or end of each meeting you devote six minutes to a safety topic. This could include quick discussions or topics that demand reflection from the meeting participants. Below are suggested topics for each month of the school year. Feel free to add/subtract/modify as appropriate to your audience. If you would like any more information or have any questions on any of these bullets, please contact me or my office staff to assist you.

September: SHELL

- Spend one minute on each of the five protective (SHELL) actions, asking the question: Which one of them would I use if a [_____] type of emergency is called?
  - Shelter in Place
  - Hold in Place
  - Evacuation
  - Lockout
  - Lockdown

- Last minute - Ask, Have you thought about how to apply this outside of my school/work environment, if you were at the mall, at home, etc.?

October: Situational Awareness

Have the participants ask themselves:

- Am I absorbed in my cell phone when I am in public and not aware of my surroundings?
- Am I scanning the environment for exits, cover, concealment, overt and hidden dangers?
- Am I scanning the people?
- Do I have a plan if…?

November: Communication in an Emergency

Have the participants ask themselves:
Environmental and chemical management services.

If your district has a safety-related service that you would like to see offered under CoSER 698.110, please contact us at 914-248-3692.

Lunch N Learn Calendar 2018-2019

All Lunch N Learns are held at:
845 Fox Meadow Rd.
Bldg. 1 Conference Room
12-3 p.m.
Bring your lunch, we supply coffee, water, tea and dessert.

10/2/18 Tabletop Exercise
Construction Accident

10/11/18 Discussion
Emergency Planning SHELL

11/8/18 Discussion
Accounting for All Persons and Student Management Team

11/13/18 Tabletop Exercise
Evacuation

12/13/18 Discussion
Medical Mental Health Team Development

1/10/19 Discussion
Planning for People with Special Needs

2/14/19 Discussion
Public Information Officer Training

3/5/19 Tabletop Exercise
Coping with Student or Teacher Death

3/14/19 Discussion
After Action Review, Self Care and Psychological First Aid

4/2/19 Tabletop Exercise
Bomb Threat

- Who do I need to communicate with in an emergency and how do I do that?
- Who needs to communicate with me in an emergency and how do they do that?
- Can I do so without my cell phone? Can I do so if cell service or Internet is down? What is my (our) alternative plan?
- Do I have a list of numbers, protocols, etc.?

**December: Discuss the usage of the STOP Acronym when faced with a crisis.**

- S - Stop
- T - Think
- O - Observe
- P - Plan

**January: Anchor Points**

*Have the participants ask themselves:

- Where do I feel the safest and most comfortable and why? (three minutes and reflect)
- Where do I feel unsafe, uneasy, or uncomfortable and why, and can I change that? (three minutes and reflect)

**February: After Action Review**

*Have the participants ask themselves:

- What was an unsafe situation that I have been in in my life, or am constantly in?
- What did I do right?
- What did I do wrong?
- What can I improve on?

**March: Equipment (to be done in small groups of 2-3)**

- EDC - Everyday Carry - What "stuff" do I carry on my person every day and why?
- GHB - Get Home Bag - Do I have "stuff" to get me home in an emergency?
- HDB - Hunker Down Bag - Do I have "stuff" here (wherever here is) to hold me over if I am stuck here for 72 hours?
- BOB/INCH - Bug out Bags and I’m Never Coming Home bags

**April: Four Habits to Improve Success in a Crisis (or in any) Situation**

_This was adapted from a book on Navy SEAL Training_

- Set incremental goals
- Positive self talk
- Mental rehearsal
- Aroused control
May: Self-care with a Partner
Review signs of burn-out

- Sadness, depression, or apathy
- Easily frustrated
- Blaming of others, irritability
- Lacking feelings, indifferent
- Isolation or disconnection from others
- Poor self-care (hygiene)
- Tired, exhausted or overwhelmed
- Feeling like:
  - A failure
  - Nothing you can do will help
  - You are not doing your job well
  - You need alcohol/other drugs to cope
  - Discuss some HEALTHY coping mechanisms with your partner

June: Lessons Learned

- Spend the six minutes (three on each side)
  with a partner discussing something safety
  related and a lesson learned this year.

Conference and Workshop Calendar 2018-2019

Threat Assessment Workshop
November 5, 2018  8:00 am. to 3:00 pm.
School Services Building - Elm Conference Room

ALLERT - Civilian Response To Active Shooter Training
December 6, 2018  8:00 am. to 3:00 pm.
School Services Building - Elm Conference Room

Chemical Hygiene Officer Training
December 17, 2018  8:00 am. to 3:00 pm.
School Services Building - Oak Conference Room

Reunification Workshop
March 28, 2019  8:00 am. to 3:00 pm.
School Services Building

Mental Health Team Development Workshop
May 30, 2019  8:00 am. to 3:00 pm.
School Services Building

All conference and workshop registration is through My Learning Plan. Times
and locations are subject to change. More information will be available
closer to the dates. Please call 914-248-3692 if you have questions.

CONTACT US