Take Health to Heart

Schools should evaluate their Automated External Defibrillator (AED) locations and protocols on a regular basis. How do you manage your AEDs? It is important to determine who is responsible for ensuring their maintenance. It is also of the utmost importance to make sure everyone knows where the AEDs are located.

Best practice is that the AEDs are accessible whenever the building is occupied. If it is locked in a nursing office or the coach’s office, it will not help someone having a heart attack during the school play.

Make sure to review the list of staff who are CPR trained each year. Have some of them retired or moved to a different building? Do you have coverage on all shifts?

While you are considering CPR certification, do you have sufficient staff who are first aid trained? Have you considered providing Stop the Bleed training to staff?

If you are not sure of the answers to any of the questions above, contact our office for an evaluation of your program. We have consultants who manage AEDs for districts and who train CPR, AED use and First Aid. We are also able to provide Stop the Bleed training.

Call our office to get more information: 914-248-3692

March Is Eye Safety Month

According to the Oregon State University Department of Environmental Health and Safety, more than 2,000 eye injuries occur on job sites every day, and about one in 10 of them require missed work days to recover. Of the total amount of work-related eye injuries, 10 to 20 percent will cause temporary or permanent vision loss in the affected employees.

And, while many people think that eye injuries primarily occur in manufacturing,
construction or trade jobs, nearly 40 percent of work-related eye injuries occur in offices, healthcare facilities, laboratories and similar environments. Flying objects, tools, particles, chemicals and harmful radiation, are the causes of most eye injuries. And in many cases, implementing safe work practices and utilizing appropriate personal protective equipment could prevent them entirely.

March is Workplace Eye Safety Awareness Month, which is why we are taking this opportunity to remind you of a few tips to help protect your eyes while on the job.

- Always wear the appropriate safety eye wear for your job site or role, even if you are just passing through a hazardous area.
- If working in an area with particles or dust, be sure to wear safety glasses with side shields to protect against flying objects.
- When working with chemicals, always wear safety goggles or face shields to protect against splashing.
- When working around hazardous radiation like welding, lasers or fiber optics, be sure to use special-purpose safety goggles and helmets designed specifically for the task.

Remember - something as simple as putting on a pair of safety glasses can prevent serious eye injuries. These injuries are painful, cause many lost workdays and sometimes lead to permanent vision loss. So during the month of March, and year-round, remember to wear your safety glasses!

Reminders

- **AHERA Triennial Inspections due 2019**
- Fire Inspections for the Mid Hudson Region must be completed by **May 1, 2019**
- Emergency Response Plan Updates must be approved by **September 1, 2019**
- All staff must be trained on emergency response by **September 15, 2019**
- All School Building Emergency Response Plans must be entered into the portal by **October 15, 2019**

Calendar of Programs Spring 2019

**MARCH**

March 14
Lunch 'n' Learn Annex Workshop / Emergency Response Planning: After Action Review, Self-Care & Follow-Up
Fox Meadow, Building 1
12:00pm - 3:00pm

March 21
Regional Safety Committee Meeting
Fox Meadow, Building 1
8:00am - 10:00am

March 28
Regional Safety Seminar: Reunification Workshop
Main Campus
School Services Building
8:00am - 3:00pm
April
April 2
Lunch ‘n’ Learn Tabletop Workshop / Bomb Threat with Complications
Fox Meadow, Building 1
12:00pm - 3:00pm

April 11
Lunch ‘n’ Learn Annex Workshop / Advanced Situational Awareness & Crisis Communications
Fox Meadow, Building 1
12:00pm - 3:00pm

May
May 9
Lunch ‘n’ Learn Annex Workshop / Emergency Response Planning: Communications
Fox Meadow, Building 1
12:00pm - 3:00pm

May 16
Regional Safety Committee Meeting
Fox Meadow, Building 1
8:00am - 10:00am

May 30
Regional Safety Seminar:
Mental Health Team Development Workshop
Main Campus
School Services Building
8:00am - 3:00pm

June
June 13
Lunch ‘n’ Learn Annex Workshop / Emergency Response Planning: Threat & Hazard Identification & Writing Threat Specific Annexes
Fox Meadow, Building 1
12:00pm - 3:00pm

Zoom in on Regional Safety Services

We at Regional Safety Services have had a busy winter season. In December, we provided Chemical Management and Chemical Hygiene Officer Training to staff from several school districts in our region. Carol Sneyd, our Regional Safety Technician, was the lead presenter, and she was assisted with presentations by Noel Russ of Miller Environmental and by Ryan Moran of NYSIR. The program was very well received. A version of the program can be provided to individual districts upon request.

Every month, a group of stalwart participants has attended our Lunch ‘n’ Learn programs. In December, the topic was Emergency Response Planning; Medical and Mental Health Team Development. January’s topic was Emergency Response Planning for Persons with Special Needs. In February we provided Public Information Officer Training to one of our largest groups. There is still time to attend our After Action Review, Self-care and Follow Up.

We have two large workshops left this school year: Reunification on March 28 and Mental Health Team Development on May 30.
Next year we will continue our program calendar. All offerings are available by registering on \textit{MyLearningPlan}.

\section*{Consultant Services}

\begin{itemize}
  \item Advantage Emergency Devices
  \item CPRed
  \item Mobilize Rescue
  \item Anonymous Alerts
  \item Rapid Responder
  \item Fred Lane - Avoiding Cybertraps
  \item Hang Up and Drive
  \item AF Investigations
  \item Corporate Screening and Investigative Services
  \item Foley Security Solutions
  \item FIS Facilities Inspection Services
  \item Omni Weather
  \item Playground Medic
  \item Louis Berger Group
  \item Turn Key Environmental
  \item Miller Environmental Group
  \item QuEST Environmental
\end{itemize}

Visit our Website

Snapshot on Safety is the Regional Safety Services newsletter to help keep you informed about current topics in health and safety in our schools. Our department provides a wide variety of safety programs and services. This year alone, we have provided three seminars and several Lunch \textquotesingle n\ textquotesingle Learn programs. We have developed a modular emergency response team training program, which allows school teams to work at their own pace. Our consultants include air quality, environmental and chemical management, private investigations, and topical speakers. For more detailed information visit our \textit{website}.\medskip