



Yale Center for Emotional Intelligence Awareness Session The RULER Approach - Cohort 3 -

This highly interactive institute led by Dr. Marc Brackett and his team provides school administrators and educators (school based leadership teams) with the foundational skills and tools to bring RULER to their school, district, or organization. RULER is an evidence-based approach for social and emotional learning developed by Marc Brackett, Ph.D. and colleagues at the Yale Center for Emotional Intelligence. The RULER training prepares school teams to implement the skills and tools of emotional intelligence both among staff and in the classroom. With district-level support and development opportunities provided for school leaders, this partnership aims to see large-scale positive shifts in the culture of the district, schools, and broader community.

Schools develop a team of five members who attend each training. This school based implementation team will provide turnkey training to the rest of their school's staff. Online resources, ongoing communications and network meetings will also support schools in this effort. The one-day team trainings will be scheduled in the last week of June 2019 and again in late September 2019.

In the awareness session, Dr. Marc Brackett will provide an overview of the Yale Center's work and the RULER Training. The schedule and cost commitments required for participation in the 2019 - 2020 school year will be discussed.

Presenter: Marc Brackett, Director, Yale Center for Emotional Intelligence

Date: March 11, 2019 **Time:** 9:30 a.m. - 12:00 p.m.

Audience: District and Building Level Leaders, Directors and PPS Staff

Fee: No Charge

Please click [HERE](#) to register for the awareness session.

Yale Center for Emotional Intelligence

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