



This institute is an equal opportunity provider

APRIL 2019

Walden, Fox Meadow, Tech

DAILY LUNCH OFFERINGS

Paid student = \$3.00, Reduced = \$0.25, Adult = \$3.68+tax

1% milk, Fat Free Chocolate milk

Juices, Apple Orange, and Grape

Carrot sticks, Dark Green side salad offered daily

Monday

Tuesday

Wednesday

Thursday

Friday

1

Meatball Parmesan
on a WG roll
w/ Chick Pea Salad
Assorted Chilled Fruit

2

General Tso Chicken
Seasoned Brown Rice
Sautéed Broccoli
Assorted Chilled Fruit

3

WG Macaroni & Cheese
Green beans
WG Dinner Roll
Assorted Chilled Fruit

4

Chicken Fingers
(Spicy or Regular)
WG Dinner Roll
Seasoned Fries
Assorted Chilled Fruit

5

PIZZA FRIDAY
Cheese, Pepperoni,
CHEF SPECIAL
Side Salad
Assorted Chilled Fruit

8

Philly Cheese Steak
On a WG roll
Sautéed Peppers & Onion
Curly Fries
Assorted Chilled Fruit

9

Breaded Chicken
Peas
Mashed Potatoes w/ Gravy
WG Dinner Roll
Assorted Chilled Fruit

10

Hard or Soft Shells
Beef Taco
Brown Rice
Fiesta Black Beans
Assorted Chilled Fruit

11

Turkey Club Panini
Potato salad
Pickles
Assorted Fresh Fruit

12

PIZZA FRIDAY
Cheese, Pepperoni,
CHEF SPECIAL
Side Salad
Assorted Chilled Fruit

15

16

No School

17

Spring

18

Recess

19

22

No school

23

General Tso Chicken
Seasoned Brown Rice
Sautéed Broccoli
Assorted Chilled Fruit

24

WG Baked Ziti
Garlic bread
Cucumber salad
Assorted Chilled Fruit

25

Chicken Fingers
(Spicy or Regular)
WG Dinner Roll
Seasoned Fries
Assorted Chilled Fruit

26

PIZZA FRIDAY
Cheese, Pepperoni,
CHEF SPECIAL
Side Salad
Assorted Chilled Fruit

29

Chicken Quesadilla
(chicken & cheese or cheese)
Brown Rice
Fiesta Black Beans
Assorted Chilled Fruit

30

Breaded Chicken
Peas
WG Dinner Roll
Mashed Potatoes w/ Gravy
Assorted Chilled Fruit

Lunch Entrée Alternates

Sandwiches: Turkey or Ham with cheese on a WG roll, Sun butter and jelly or Cheese Sandwich on Sliced WG bread

Entrée Salads: Chef, Grilled Chicken Caesar served with WG croutons or Dinner roll

Pizza: WG crust topped with cheese sauce and toppings

Bagel/ Cereal Meals: WG Bagel / Roll or Cereal served with yogurt /cheese stick, fruit/vegetable, milk/ juice & graham cracker

Mon, Wed, Fri: Spicy or Regular Chicken Patty on a WG Roll Tues, Thurs: Hamburger or Cheeseburger on a WG Roll



PAY FOR MEALS ONLINE

MySchoolBucks.com